



FOODSERVICE



SOUTHWEST MANGO QUINOA BLEND

WITH BLACK BEANS, FIRE ROASTED CORN
& CILANTRO LIME
MADE WITH ORGANIC QUINOA

Nutrition Facts

About 2 servings per container

Serving Size

1 cup (126g)

Calories

per 1 cup

160

per package

370

% Daily Value*

% Daily Value*

Total Fat	6g	8%	14g	18%
Saturated Fat	1g	5%	2g	10%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	330mg	14%	740mg	32%
Total Carbohydrate	24g	9%	54g	20%
Dietary Fiber	3g	11%	7g	25%
Total Sugars	3g		6g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	5g		11g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	20mg	2%	45mg	4%
Iron	2.4mg	15%	5.5mg	30%
Potassium	280mg	6%	631mg	15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS | Organic Quinoa and Bean Blend (Water, Organic White Quinoa, Organic Red Quinoa, Organic Black Beans), Mango, Tomatoes, Corn, Olive Oil, Lime Juice from Concentrate, Poblano Peppers, Cilantro, Salt, Black Pepper.

WEIGHT

2.5 lbs per bag | 15 lbs per case

CASE PACK

6

PREPARATION

Microwave/Stovetop

CASES PER PALLET

100

NEW WEIGHT PER PALLET

1500 lbs

TI/HI

10x10

STORAGE

Shelf Life 12 Months

Storage Method Frozen



JUICY
MANGO!

PRODUCT CERTIFICATIONS



PRODUCED IN SQF LEVEL 3 FACILITY



POLFOODSERVICE.COM

