



# FOODSERVICE



## ASIAN WOK QUINOA BLEND

WITH PEAS, MATCHSTICK CARROTS  
& RED BELL PEPPER  
MADE WITH ORGANIC QUINOA

### Nutrition Facts

About 2 servings per container

Serving Size

1 cup (126g)

#### Calories

per 1 cup  
**150**

per package  
**340**

% Daily Value\*

% Daily Value\*

<b>Total Fat</b>	5g	6%	11g 14%
<b>Saturated Fat</b>	0.5g	3%	1.5g 8%
<b>Trans Fat</b>	0g		0g
<b>Cholesterol</b>	0mg	0%	0mg 0%
<b>Sodium</b>	320mg	14%	720mg 31%
<b>Total Carbohydrate</b>	23g	8%	51g 19%
<b>Dietary Fiber</b>	3g	11%	6g 21%
<b>Total Sugars</b>	2g		4g
<b>Incl. Added Sugars</b>	0g	0%	0g 0%
<b>Protein</b>	4g		10g
<b>Vitamin D</b>	0mcg	0%	0mcg 0%
<b>Calcium</b>	30mg	2%	68mg 6%
<b>Iron</b>	1.7mg	10%	3.9mg 20%
<b>Potassium</b>	240mg	6%	541mg 10%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS** | Organic Grain Blend (Water, Organic Brown Rice, Organic White Quinoa, Organic Red Quinoa), Organic Peas, Carrots, Red Bell Pepper, Green Onions, Soy Sauce (Water, Soybeans, Salt, Sugar), Organic Garlic, Ginger, Olive Oil, Sesame Oil.

**CONTAINS** | Soy.

#### WEIGHT

2.5 lbs per bag | 15 lbs per case

#### CASE PACK

6

#### PREPARATION

Microwave/Stovetop

#### CASES PER PALLET

100

#### NEW WEIGHT PER PALLET

1500 lbs

#### TI/HI

10x10

#### STORAGE

Shelf Life 12 Months

Storage Method Frozen

JULIENNE OR  
MATCHSTICK?



#### PRODUCT CERTIFICATIONS



#### PRODUCED IN SQF LEVEL 3 FACILITY



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