



FOODSERVICE

MEDITERRANEAN QUINOA BLEND

WITH CHERRY TOMATO, SPINACH & BASIL
MADE WITH ORGANIC QUINOA



Nutrition Facts

About 2 servings per container

Serving Size 1 1/4 cup (150g)

	per 1 1/4 cup		per package
Calories	180		350
	% Daily Value*		% Daily Value*
Total Fat	8g 10%	15g	19%
Saturated Fat	1g 5%	2g	10%
Trans Fat	0g	0g	
Cholesterol	0mg 0%	0mg	0%
Sodium	410mg 18%	770mg	33%
Total Carbohydrate	24g 9%	46g	17%
Dietary Fiber	3g 11%	6g	21%
Total Sugars	1g	2g	
Incl. Added Sugars	0g 0%	0g	0%
Protein	5g	10g	
Vitamin D	0mcg 0%	0mcg	0%
Calcium	60mg 4%	114mg	8%
Iron	3.1mg 15%	5.9mg	35%
Potassium	360mg 8%	682mg	15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS | Organic Quinoa (Water, Organic White Quinoa, Organic Red Quinoa), Tomatoes, Organic Spinach, Olive Oil, Basil, Organic Garlic, Salt, Black Pepper.

WEIGHT

2.5 lbs per bag | 15 lbs per case

CASE PACK

6

PREPARATION

Microwave/Stovetop

CASES PER PALLET

100

NEW WEIGHT PER PALLET

1500 lbs

TI/HI

10x10

STORAGE

Shelf Life 12 Months

Storage Method Frozen

PRODUCT CERTIFICATIONS



PRODUCED IN SQF LEVEL 3 FACILITY



FRUIT OR
VEGETABLE?



POLFOODSERVICE.COM

PATH OF LIFE | CORPORATE HEADQUARTERS | NAPERVILLE, ILLINOIS | 630 791 8051 | SQF LEVEL 3 PLANT | CHICAGO, ILLINOIS

